



**Tour distances:** cycling ~310 km,  
by coach ~1340 km, by boat ~62 km  
11 days / 10 nights

### TOUR INFORMATION

#### Cycling grade:

We rate this trip Easygoing. Daily biking routes mainly on low traffic roads and cycle paths range from 25 to 60 km (15-37 miles each day). The terrain is varied and rolling with some gradual hills on some riding days (some steep ups and downs in the Gauja River valley) and dead flat most of the tour. Our walking in the capital towns is along cobbled streets.

#### Arrival & departure information / Transfers

**Airports:** Vilnius / Kaunas / Tallinn

**Transfers:** (price for one way up to 3 people)

From Vilnius Airport € 30 (except 14.07–18.08)

From Kaunas Airport € 119

To Tallinn Airport € 30

### ACCOMMODATION

3-4\* middle-range hotels

### 2017 TOUR DATES

G1-1 May 28 – June 7

G1-2 June 4 – June 14

G1-4 June 18 – 28

G1-6 July 2 – 12

G1-8 July 16 – 26

G1-10 July 30 – August 9

G1-12 August 13 – 23

G1-13 August 20 – 30

G1-14 August 27 – September 6

G1-15 September 3 – 13

### TOUR PRICES

**Price per person in double/twin room** € 1245

**Price in single room** € 1540

### THE TOUR INCLUDES:

- o 10 nights stay in hotels (rooms with WC/shower)
- o Breakfast on days 2-11
- o Welcome meeting with a glass of wine or beer
- o 3 x 3-course dinners with coffee/tea
- o Mineral water at your disposal on cycling days
- o Bike rental with a back pannier
- o Services of local tour guide(s) on days 2-10
- o Transfers as per itinerary by air-conditioned bus
- o Luggage transport
- o Boat trips across the Curonian Lagoon to Nida
- o Ferry tickets to Klaipėda & Saaremaa Island
- o Entrance to museums in Trakai, Ventė, Palanga, Turaida, Saulkrasti & Angla.
- o Individual information package (one per room)

#### Optional extras (price per person):

o Rent of E-bike/Pedelec with a pannier € 150

o Half board (7 x 3-course dinners) € 145

o Pre/post-tour accommodation in Vilnius 3\* / Tallinn 4\* (with breakfast)

Double/twin room € 40 / € 48

Single room € 69 / € 85

**Discounts for extra bed in double/twin room**

Children under 5 yrs. old – free of charge, from 5 yrs. old – 25%

**Minimum group size** – 2 people

# Cycling the Baltic States

## Three Baltic capitals, Curonian Spit & Saaremaa Island



11 days guided group cycling tour from Vilnius to Tallinn (Code G1)

*The Baltic coast and National Parks of Lithuania, Latvia and Estonia explored on highly scenic routes, including the three capital cities – Vilnius, Riga and Tallinn – with their old towns designated by UNESCO as the World Heritage Sites; and featuring the previously-closed Curonian Spit and beautiful Estonian island. Travel from Lithuania in the south, through Latvia and on to Estonia in the north, enjoy a great variety of towns, villages and landscapes, and get an excellent feel for the different characters of these distinctive countries.*

#### Day 1: Arrive in Vilnius

Welcome meeting at the hotel with tour guide. Overnight in Vilnius.

#### Day 2: Trakai Island Castle & Kaunas

City tour of Vilnius, capital of Lithuania for more than 600 years. Afternoon trip to Trakai, the former capital of the Grand Duchy of Lithuania. Visit the 14thC island castle. Then cycling through picturesque countryside on gentle hills and transfer by coach to the hotel in Kaunas. (Cycle ~26 km., bus ~95 km).

#### Day 3: Kaunas & Vente Horn & Klaipėda

Morning transfer along the Nemunas River to the coast. In the afternoon cycling to Ventė Cape including visit to a bird observatory and the 19thC lighthouse which was used for more than 100 years. After a short bus transfer arrive in Klaipėda, the main seaport of Lithuania. Overnight in Klaipėda. (Cycle ~25 km., bus ~240 km).



#### Day 4: Curonian Spit National Park

Take a morning boat across the Curonian Lagoon to Nida. Sightseeing around Nida, one of the most beautiful resorts in Lithuania. Cycling on the Seaside Cycle Route along the Curonian Spit to Klaipėda. En route stop at the "Dead" sand dunes and colony of

grey herons and cormorants, visit the Hill of Witches. Overnight in Klaipėda (Cycle ~ 55 km, by boat ~50).



#### Day 5: Klaipėda to Palanga by bike then drive to Riga

Cycling to Palanga through the Seaside Regional Park and visiting the Botanical Garden and Amber Museum in the Palace of Count Tyszkiewicz. Afternoon transfer to Riga (Latvia). En route stop at the Hill of Crosses, the unforgettable sight of thousands of crosses on two small hills. Overnight in Riga. (Cycle ~30 km, bus ~290 km).

#### Day 6: Riga & Jurmala Beach

Morning guided tour of a medieval hanseatic town of Riga. In the afternoon cycling to Jurmala, the largest resort in the Baltic States well known for its long white sand beaches. Transfer back by coach to the hotel in Riga. (Cycle ~ 30 km, bus ~ 20 km).

#### Day 7: Gauja National Park & Bicycle Museum

Transfer to Sigulda and cycle through Gauja National Park to Saulkrasti, en route enjoy spectacular views of Gauja River valley with Gutmana Cave, visit Turaida Castle and the oldest Latvian Church, Krimulda. After visit to bicycle museum transfer back

to Riga. (Cycle ~40 km, bus ~100 km).

#### Day 8: Riga - Saaremaa

Morning transfer to the largest Estonian island of Saaremaa which provides a perfect rural setting for cycling. Travel along the Baltic Sea Coast to Angla village where the iconic windmills are located. Transfer to Mandjala, check into the hotel for 2 overnight stays at the seaside. (Cycle ~10 km, bus ~340 km, by ferry 6 km).

#### Day 9: Saaremaa island

Enjoy a day ride across Saaremaa Island's wild beauty – Sorve Peninsula, with a finish at the Sorve lighthouse. Historically, the peninsula had considerable military significance, dominating the Irbe Strait and the Baltic Sea route to Riga. Transfer back to the hotel. (Cycle ~55 km, bus ~40 km).



#### Day 10: Saaremaa & Tallinn

Cycle to Kuressaare, the capital of Saaremaa. Free time to explore the town and 13thC medieval Episcopal Castle. Then transfer by coach to Tallinn for a city tour in the Old Town and overnight stay at the hotel. En route stop at the Kaali meteorite crater. (Cycle ~10 km, bus ~216 km, by ferry ~6 km).

#### Day 11: Tour ends in Tallinn

Breakfast at the hotel. End of the tour.